



**WHEN:**

2nd & 4th Monday

**TIME:**

5:30 PM - 6:30 PM

**WHERE:**

Virtual - Zoom



St. Jude  
Brain Injury Network  
A PROGRAM OF ST. JUDE MEDICAL CENTER

**THE PURPOSE OF THIS SUPPORT  
GROUP IS TO:**

- Provide emotional support and service to our family caregivers
- Discuss and share chronic symptom management to support family caregivers with additional strategies and tools
- Ease family caregivers with practice guidelines for their loved ones with recent, historical, or no medical care
- Assist family caregivers with strategies on how to integrate their loved ones back to the community
- Connect family caregivers to the community and resources, hear and share other caregiving stories, and reduce isolation

*This support group is intended only for family caregivers and family members who are providing care and support for a loved one who is living with the challenges of traumatic brain injuries and/or neurological trauma.*

**PLEASE CONTACT US BY PHONE OR EMAIL IF YOU'RE INTERESTED IN CONNECTING.**



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